### **OFF-SITE OPPORTUNITIES**



# Ronald McDonald House Charities®

Richmond

## **NICU Baby Packs**

The birth of baby is a joyous time for new parents, unless you have one of the 1 in 10 babies born preterm in Virginia. A NICU stay can be a scary and emotionally taxing time. At RMHC Richmond, we serve many families who are facing an extended NICU stay. With your generosity, we can provide parents we serve both at the House and hospital with comfort care packages and items they need for their infant.

#### **Directions:**

- Volunteers purchase 5-8 items appropriate for infants
- All items must be brand new
- Items can go in any type of appropriate bag
- Please DO NOT include food items or label bags by gender

### Suggested items for kits:

- Rattle
- Teething ring
- Pacifier
- Travel drink cup with reusable straw
- Lovey or small stuffed animal
- Baby wipes (unscented)
- Baby washcloths
- Swaddle cloths
- Board books
- Stroller toy
- Musical toy
- Other infant toys





Donations can be dropped off at the House any day between 9am-9pm.

To learn more about our volunteer opportunities or to schedule a tour, please contact our Volunteer Coordinator, Sernarra, at sernarra@rmhc-richmond.org.

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